

GLYMED

REGIMEN

The Spa Experience

Recommended Treatment Time:
10 Minutes

Description:

Begin the spring season with a glowing, healthy regimen. This collection is enriched with antioxidants, so you can achieve luminous, radiant skin. These aromatic products will awaken your senses and leave your skin pampered.

MORNING

- 01 Cleanse skin with Gentle Facial Wash. Dispense 1 pump of cleanser to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.
- 02 Treat and maintain skin with Peptide Serum and Stem Cell Power Serum. Dispense each to palms and apply to face, neck and décolleté.
- 03 Apply Age Delay Cream to the face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Regenerative CBD Eye Cream, apply to entire eye area and massage until absorbed.
- 04 Protect from UV rays and free radical damage with Photo-Age Environmental Protection Gel 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays. Reapply every two hours as needed for maximum protection.

EVENING

- 01 Perform first cleanse with Pre-Treatment Foaming Cleanser. Dispense 1–2 pumps to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- 02 Perform second cleanse with Gentle Facial Wash. Dispense 1 pump of cleanser to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.
- 03 Treat and maintain skin with Derma Pigment Skin Brightener, Peptide Serum and Stem Cell Power Serum. Dispense each to palms, apply to face, neck and décolleté.
- 04 Balance and moisturize with Atraxi Peptide to the face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Regenerative CBD Eye Cream, apply to entire eye area and massage until absorbed.

DURING the WEEK

Once a week, in the evening after second cleanse, apply Anti-Aging Exfoliant Masque for 10–15 minutes. Rinse with tepid water. Finish remaining steps. Apply a small, pea size amount of Facial Hydrator after masque or second cleanse 1–3 times a week.